



## Once Upon a Time...

This term we will be exploring lots of different Traditional Tales. There is one thing that all our stories will have in common! The number three! This includes stories such as Goldilocks and the Three Bears and the Three Little Pigs.

Through this topic the children will learn many new skills and have the opportunity to explore different things. Below is a list of just some of the things we will explore:

- Exploring with our senses, including touch and taste to try new things, like the Bear's porridge!
- Comparing size and capacity and seeing how things are similar or different.
- Using positional language, such as 'on' or 'under'.
- Using different materials to construct and build. We may even build the houses for the 3 Little Pigs, a trap for the troll or a new bed for baby bear!
- Counting and learning more about numbers.

In Nursery, we also use 'in-the-moment' planning. This is where we follow the children's interests in their play and learning, whether this relates to our topic of Traditional Tales or something else. It leads to many great learning opportunities and helps develop their knowledge and confidence. If you are learning from home and your child is interested in something - please upload it for Tapestry for us to see, so that we can follow their interests too!

## How to help at home to develop independence

### Set predictable routines

Just like adults, when children can anticipate their day, they are better equipped to take on responsibilities. A routine is any sequence of events that occurs throughout the day. Even the act of brushing teeth is a routine, because it has multiple steps that always go in the same order: turn on the water, rinse the toothbrush, put on toothpaste, brush, rinse, dry hands and mouth.

### Let your child choose

Another way to support your child's independence is to give them choices. Involve them in deciding what to wear, what to play or who to call. This does not have to mean they have free rein. Provide two or three options, and then praise their great ability to make a choice!

### Let your child help

Children love to help! When you allow your child to help, you foster their confidence and give them an opportunity to learn something new. While this may involve adding an extra step or two, it is also a great way to involve your child in daily routines and activities

### Give your child chores

Even preschoolers can start to have chores. A lot of research supports chores for children as a way of building a sense of responsibility and self-reliance, developing executive functions, teaching teamwork and nurturing empathy.

