



PSHCE Curriculum Statement

Intent:

Through our PSHCE (Personal, Social, Health and Citizenship Education) curriculum and HEART Values (happiness, equality, aspiration, respect and trust) we aim to equip children with the knowledge, understanding, skills, values and attitudes they need to ensure they are ready for the next stage in their lives. Children will develop the qualities and attributes they need to thrive as individuals, family members and members of the local and global society in which they live. We foster a culture in which positive mental health awareness is promoted and children feel confident, are resilient, able to identify and manage risks and can make informed choices with an understanding of what influences their decisions. Through opportunities to enhance their moral, social and cultural development the children will learn to cooperate, communicate, evaluate, reflect, decide and manage their emotions.

Implementation:

PSHCE is taught through a combination of cross-curricular and discrete learning but also being mindful to ensure we are responsive to emerging needs of our children and the community. To enhance our curriculum we draw upon resources such as Coram Life Education and provide enrichment activities such as a Feeling Good Week and Anti-Bullying Week. This is further supported by NSPCC workshops, visits and charity events. Our HEART values are woven through all we do.

Children are engaged in PSHCE learning through a range of activities which might include scenario based discussions, Circle Time, drama and video/pictorial stimuli. This is further supported through whole school, phase and class assemblies. Any questions from the children are answered in a manner that is appropriate to their age, maturity, understanding and need. We use the correct vocabulary for terms used during PSHCE & RSE lessons.

Impact:

Children leave our school able to:

- demonstrate their understanding of healthy lifestyles (both physical, mental and emotional health)
- manage risks and make informed choices to keep themselves safe
- manage change, including puberty, transition and loss
- develop and maintain a variety of healthy relationships by managing emotions and respecting equality and diversity
- recognise and respond to risky or negative relationships and ask for help
- demonstrate respect for self and others and understand the importance of responsible behaviours and actions
- recognise their rights and responsibilities as members of families, other groups and ultimately as citizens
- respect diversity, equality and the environment and how to be a productive member of a diverse community
- demonstrate an understanding about where money comes from, how to manage it effectively and the part that it plays in people's lives.